

Good Day,

I would like you to join me in participating in The Secret Marathon 3K run/walk being held at the Galt Museum in Lethbridge, Alberta on Wednesday, 6 Mar, 2019 at 7 pm. Your family, friends and co-workers are encouraged to participate, too. It is a relaxed fun event and not a race – it is only 3K! The details follow, but it is an initiative to attract world wide support for a documentary film called The Secret Marathon and raise awareness about issues of safety and equality. There are several participating countries including Canada, UK, USA and Afghanistan. The Secret Marathon 3km will be held at the start of the 6 March Runners Soul Marathon Club run.

The Secret Marathon film was inspired by the story of the first marathon ever to be held in Afghanistan and the women and men who courageously participated in this race to promote gender equality and the universal right to be free to run. See the film trailer here: https://youtu.be/qsZuhs_RYSA. It was through this Afghanistan experience that an important realization was made: **creating safe races can help to create safe places.**

To help achieve the goals of gender equality and the creation of safe places to run in all areas of the world, the documentary filmmakers from The Secret Marathon have partnered with the **Running Room** and **Canadian Women for Women in Afghanistan** to host the second annual “The Secret Marathon 3K” at 20 sites in Canada. The date chosen for this event coincides with the week of **International Women’s Day**. To learn more about the race please visit <https://thesecretmarathon.com/3krace>.

Because of the growing international interest in The Secret Marathon and the understanding that many people cannot attend one of the 20 sites in Canada, there is now a “Virtual Location” registration option so that anyone can participate no matter where you are in Canada (including Lethbridge). After you have commenced the Registration process and have entered all your personal data, you can select the Virtual Location option under “What City Will you be Participating at?” You can learn more about participating virtually by going to <https://thesecretmarathon.com/virtual/>. To register click on the “**Individual Button**” and remember to print-off your Equality run bib and bring it to the run at the Galt Museum.

I would love to have you join me at 7pm on 6 March, 2019 at the Galt Museum in Lethbridge so we can run, walk and work together for equality!

Best wishes,

Jim Carter, Secret Marathon Run Leader in Lethbridge